

SPRINT DISTANCE

AUT 1:4,000, 2.5m contour interval Mapped by Mike Beveridge (ISSOM 2007)

COURSE DISTANCES

1	M20E, M20A, M21E, Open 1	Red	2.4
2	M16, M40-50, W16, W20E, W20A, W21E, Open 2	Red	2.0
3	M14, M60-70, W14, W40-70	Red	1.8
4	M12, W12, Open 3	Yellow	1.6
5	M10, W10, Open 4	White	1.4

MIDDLE DISTANCE + PUBLIC CHASING START

Riverhead East 1:10,000, 5m contour interval Mapped by Nick Hann

COURSE DISTANCES

JWOC Trial

1	M20E	Red	3.6
2	W20E	Red	3.1

Public (Prologue/Chasing Start)

1	M21E	Red	2.4/3.6
2	W21E	Red	1.8/3.1
3	M20A, M40, Open 1	Red	1.6/2.9
4	M16, M50, W20A, W40	Red	1.2/2.6
5	M60, W16, W50, Open 2	Red	1.2/2.4
6	M70, W60, W70	Red	1.1/2.1
7	M14, W14, Open 3	Orange	1.9/2.3
8	M12, W12, Open 4	Yellow	1.6/2.1
9	M10, W10	White	1.7/2.0

LONG DISTANCE

Riverhead 1:15,000 (&10,000), 5m contour interval Mapped by Nick Hann

COURSE DISTANCES

1	M21E	Red	8.8
2	M20E, W21E	Red	7.5
3	M20A, M40, W20E, Open 1	Red	5.5
4	M16, M50, W20A, W40	Red	4.3
5	M60, W16, W50, Open 2	Red	3.5
6	M70, W60, W70	Red	2.0
7A	M14, Open 3	Orange	3.7
7B	W14	Orange	3.5
8	M12, W12, Open 4	Yellow	2.6
9	M10, W10	White	2.5